

## **WEEK 13: INTACT HAPPINESS**

### **1 Peter 3:8-12**

1. GOD IS INTERESTED IN YOUR HAPPINESS
2. HAPPINESS IS THE BYPRODUCT OF SELFLESSNESS
3. SELFLESSNESS IS THE BYPRODUCT OF A GROWING RELATIONSHIP WITH JESUS

### **DISCUSSION QUESTIONS**

1. What part of the teaching stood out most to you? Why?
2. Are you happy? If so, why? If not, why not?
3. A lot of people have an incorrect view of God. How do you view God? What does your life say about the way you view Him? Do you believe that He is truly interested in your happiness? Why or why not?
4. Re-read verses 8 and 9. In those verses, Peter tells us exactly what we need to do and be if we want to inherit the blessing of loving life and seeing good days. Of everything in that list, what most describes you? What least describes you? What do you think is the most challenging thing in that list? Why?
5. What are some of the main things that our culture tells us will make us happy? What do you look for to give you what God says only He can give you? What has that led to in your life?
6. The second point of this week's teaching was, "Happiness is the byproduct of selflessness." Have you ever experienced this in your own life? If so, what happened?
7. The final idea in the teaching was, "Selflessness is the byproduct of a growing relationship with Jesus." How does a growing relationship with Jesus make us more selfless? What has this looked like in your life?
8. What is your next step in becoming less self-centered and more selfless?