

WEEK 1: THE FOUNDATION OF RESILIENCE

Philippians 1:1-11

1. GOD ALWAYS FINISHES WHAT HE STARTS
2. THE POINT OF THIS LIFE IS TO BE READY FOR THE NEXT ONE
3. JESUS MAKES US READY TO STAND BEFORE GOD

DISCUSSION QUESTIONS

1. What part of this week's teaching stood out to you the most? Why?
2. The definition of resilient is "able to withstand or recover quickly from difficult conditions". Would you describe yourself as resilient? Why or why not?
3. Why do you think the idea that "God always finishes what He starts" is so foundational to living a resilient life?
4. If God is the one who starts and finishes the work of salvation in a Christian's life (see Phil 1:6) then we have no right to be prideful or look down on others. And yet, it is still such a common problem in us. Where have you noticed pride in your own life? Have you found any helpful ways to fight against your pride?
5. Not knowing how something is going to end can lead to a lot of stress in life. Do worry and fear seem to fill your thoughts? What do you worry about? Was anything from Sunday's teaching helpful to you in this area?
6. One of the things that Paul prayed for the church at Philippi was that their love would grow in "knowledge and every kind of discernment." Sometimes knowing how to love someone in a given situation isn't always crystal clear. How do you navigate those types of situations in your life? Do you have any examples where someone showed good discernment in how they loved you?
7. The final idea this week was that Jesus makes us ready to stand before God. How does Jesus do this?