

THE DISCIPLINE OF WORSHIP

Psalm 95

MAIN IDEAS FROM THIS WEEK

1. WHAT WORSHIP IS
2. WHY WE SHOULD WORSHIP
3. FOUR THINGS WE NEED IN ORDER TO WORSHIP WELL
 - COMMUNITY
 - TRUTH
 - THE SPIRIT
 - GOSPEL SABBATH REST

DISCUSSION QUESTIONS – Pick one or two of these to talk about as a group

1. What stood out to you most from this week's message? Why?
2. How have you historically thought about worship? Did you learn anything new about worship this week?
3. Pastor Ryan defined worship as the act of ascribing ultimate value to something in a way that energizes and engages your whole person or being. What things in your life are competing with God for that place of ultimate value? How do we go about ascribing ultimate value to God instead of these other things?
4. One vital component to worship that we see in Psalm 95 is community. What role has community played in shaping your view of God and your worship of God? What are some ways we can encourage and help one another in the area of worship moving forward?
5. This week, we looked at four things we need in order to worship well: 1) Community, 2) Truth, 3) The Spirit, 4) Gospel Sabbath Rest. Which of these is lacking in your life? How might you address this lack?
6. We all need gospel sabbath rest. What does it look like to truly rest in Jesus? What do you need to rest from?
7. **OPEN DISCUSSION:** Have an open discussion with your group about worship. Talk about what worship is, what your experience with worship has been and where you can still grow. You could also take some time to discuss some different barriers that are present anytime we gather for a time of corporate worship (i.e. personal preference, etc.) and how we can work together to get past those barriers.

A TRUTH TO TAKE WITH YOU: God is the only One who's worthy of our worship AND He's the only One who's safe for us to worship.