

THE DISCIPLINE OF PRAYER

Matthew 6:5-15

MAIN IDEAS FROM THIS WEEK

1. REMEMBERING PRAYER
2. RELINQUISHING PRAYER
3. REQUESTING PRAYER
4. REFLECTING PRAYER
5. REBELLING PRAYER

DISCUSSION QUESTIONS – Pick one or two of these to talk about as a group

1. What stood out to you most from this week's message? Why?
2. How would you describe your prayer life? Is there any way you'd like for it to improve?
3. Of the five different kinds of prayer that we looked at this week (Remembering, Relinquishing, Requesting, Reflecting, Rebelling) which one do you do most often? Which one do you do least?
4. It is equally important to see God as both near (our Father) and far above us (in heaven). What are some implications of having God as our Father? What are some implications of God being "in heaven?"
5. Relinquishing prayer is about trusting God even when you aren't sure what He's up to. What is an area of uncertainty in your life that you currently need to trust God in?
6. Rebelling prayer involves talking to God about something that you know isn't right in the world and then being moved to action to be a part of the solution. What is something you see that needs to change in the world? How can you be an agent of that change?
7. Spend some time applying what we've learned this week and pray through these five types of prayer that Jesus models for us in Matthew 6:5-15. You can use the "Prayer Guide" that was handed out this week to help prompt you as you pray. If you didn't receive a Prayer Guide you can email david@severn.cc and we will send you a digital copy.

A TRUTH TO TAKE WITH YOU: The discipline of prayer hinges on understanding that, in Jesus, we have God as our Father.