

THE DISCIPLINE OF PRAYER: THE GOSPEL

Psalm 103

MAIN IDEAS FROM THIS WEEK

1. WHY DO WE NEED TO REMEMBER?
2. WHERE DO WE NEED TO REMEMBER?
3. WHAT DO WE NEED TO REMEMBER?

DISCUSSION QUESTIONS – Pick one or two of these to talk about as a group

1. What stood out to you most from this week's message? Why?
2. This week, we defined "remembering" as "internalizing something so deeply that it revolutionizes who you are." What is something you wish you remembered better that you always seem to forget? What is something you wish you could forget that you always seem to remember?
3. In Psalm 103 we see David talking to his own soul because it's entirely possible to know something cognitively without it actually changing you. How do we close this gap between what we know with our heads and what we know in our hearts?
4. We all have the need to pray the truth into our own hearts until it changes the way we live. One primary area this is true is in how we view God. How do you view God? Where do you see inconsistency between how you "know" you should view God and how your life reveals you actually view Him?
5. Do you have a harder time listening to your heart (to know what's really going on) or arguing with your heart (to drive the truth into it)?
6. Read all of Psalm 103 and talk about the different "benefits" that David lists there. Which ones stand out to you the most? Which ones do you need to remember more?

A TRUTH TO TAKE WITH YOU: In Jesus, God will remember your sins no more but He will remember you forever.