

Have fun learning and playing
with your preschooler!

First, watch
this week's
video!



Bible Story

Daniel and the Lions
(Daniel 6:1-23)

Remember This

"Great is our Lord and
mighty in power."
Psalm 147:5, NIV

Say This

Who is powerful?
God is powerful.

Activity

Get in the Den

What You Need

Pillows and blankets

What You Do

Make a den/fort in your living space using pillows and blankets.

Say, "Let's make a lion's den like the one in our story! We can use all these pillows and blankets. Do we need anything else? (*Make den/fort.*) Let's crawl inside. We're in the lions' den! Will the lions hurt us? (*Pause.*) No! The lions won't hurt us because God is more powerful than the lions! God's power can protect us!

"Daniel knew that God was more powerful than anything and that God wanted him to pray. So, he kept praying every day! When the jealous, grumpy guys saw Daniel, they told the king. This made the king sad. Because of the law, he had to throw Daniel into the lions' den! But God is so powerful that He protected Daniel from the lions! God protected Daniel, and He has the power to protect us, too! **Who is powerful? God is powerful.**"



Prayer

Dear God, thank You for protecting Daniel in the lions' den. We know that you are SO powerful. Thanks for loving us. We love You so much! In Jesus' name we pray, amen.

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Bible Story

God Made Me
(Genesis 1:26; Psalm 139:14)

Remember This

"Great is our Lord and
mighty in power."
Psalm 147:5, NIV

Say This

Who is powerful?
God is powerful.

Activity

Create

What You Need

Various craft supplies

What You Do

Place the craft supplies in the center of the table. Encourage your child to select items from the pile and use their imaginations to create something from them. Clear the space and do it again.

Say, "Look at all these fun craft supplies. Let's use our imagination to create something with these supplies. Wow! Look at all the beautiful things you created. In today's story, we heard about Someone who created everything from nothing. Who is it? *(Pause.)* That's right! God created everything. And what is His most amazing creation? *(Pause.)* Yes! We are God's most amazing creation. God is so powerful that He created you and me and everything around us. Wow! **Who is powerful? God is powerful!"**



Prayer

Dear God, thank You for making such a wonderful world filled with so many wonderful things. Help us remember how powerful You are every time we see your creation. God, thank You for making *(say your child's name)*. I hope they always know how special they are because You made them. We love You, God. In Jesus' name, amen.

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Bible Story

Moses and the Sea
(Exodus 13:17-18; 14)

Remember This

"Great is our Lord and
mighty in power."
Psalm 147:5, NIV

Say This

Who is powerful?
God is powerful.

Activity

Pepper Water

What You Need

Cotton swab, shallow clear baking dish, water, dish soap, and black pepper

What You Do

Pour some water in the baking dish and set it on the table. Generously sprinkle some pepper on the surface of the water. Dip the bottom of the cotton swab in dish soap. Talk about how Moses lifted his staff and God parted the water. Then place the soapy tip of the cotton swab in the water and watch the pepper rush toward the edges of the dish.

Say, "I have something fun for us to do! Come sit around this dish. Now, tell me what happened when Moses raised his staff over the water? *(Pause.)* Yes, God parted the water! Let's do our own version of that. I have a little science experiment to show you. We can pretend this cotton swab is Moses' staff and this pepper is the Red Sea. Watch what happens when I touch the pepper with the cotton swab!

"We made the pepper separate, but we can't make the water move or make the bottom of the dish dry. Who parted the water in our story today? *(Pause.)* Yes, God did! He pushed the water on both sides like walls and made a way for His people to walk across on dry ground! God's power is awesome. **Who is powerful? God is powerful!**"



Prayer

Dear God, Your power is so amazing. You parted a sea so Moses and the people could walk on dry land. Not only did Your power part the sea, but You made the sea and everything that lives in water. God, You truly are amazing! Thank You for loving us. We love You, God. In Jesus' name, amen.

Dig Deep: Discover what matters most



Use this guide to help your family learn
how God can help us find wisdom.

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Wisdom:
finding out
what you
should do
and doing it

Memory Verse

"If any of you needs wisdom, you should ask God for it. He will give it to you. God gives freely to everyone and doesn't find fault."
James 1:5, NIV

Bible Story

Renew Your Mind
Romans 12:2

Bottom Line

Never stop growing in wisdom.

Activity

Target Practice

What You Need:

Pillow, sheet of paper

What You Do:

Set up the pillow a few feet away from you. Hand the sheet of paper to your child.

Say, "Try to throw this sheet of paper and hit the pillow, without moving your feet."

After a few attempts, tell them to stop.

Say, "Now let's try changing the paper by folding it into an airplane."

Fold the sheet of paper into an airplane. Then say, "Now that the sheet of paper is changed into a plane, try to hit the pillow again from the same spot."

After a few attempts, tell them to stop.

Say, "That was a little easier, wasn't it? Now crumple the paper into a ball and throw it from the same spot."

It should be even easier for your child to hit the pillow this way.

Say, "See? Once we transformed the paper into an airplane and a ball, it was way easier to hit the target!"



Talk About the Bible Story

What does it mean when something is transformed? (*it's changed, different, new*)

According to Romans 12:2, we can live God's way when we transform or completely change our thinking. What are some ways we can do that? (*reading the Bible, praying, talking to others about God, asking questions*)

How do you want to transform your thoughts? What do you want to think about more? What do you want to think about less?

Parent: Share a way that you may have transformed your thoughts lately. Are you working on complaining less? Being more thoughtful with your words around your friends? Choosing to interact with kindness on social media?

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, it's amazing how You give us Your wisdom when we need it. Help us continue to grow in Your wisdom. Help us to make wise choices, to know Your Word, and to follow the ways Jesus taught us to live. Show us how we can keep transforming and changing our thinking so we can live with Your wisdom every day. In Jesus' name we pray, amen."

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Wisdom: finding out what you should do and doing it

Memory Verse

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James 1:5, NIV

Bible Story

Solomon Asks God for Wisdom
1 Kings 3:4-28

Bottom Line

Trust God to give you wisdom.

Activity

Flip a Truth

What You Need:

Paper plate and marker

What You Do:

Write the word "true" on one side of the paper plate, and "false" on the other side.

Say, "We're going to play a game. I'll read a statement about today's story. If it's true, say "true." If it's false, say "false." But there's a catch! After you answer, I'll flip the paper plate and let it land on the floor. If it lands on the correct answer, you don't have to do anything. If it lands on the incorrect answer, you have to do either 10 jumping jacks or five push-ups. Ready?"

Read the following statements. After each one, allow your child to answer. Once you've clarified the correct answer, flip the plate. Make sure it flips a couple of times in the air before it lands. If it lands on the correct answer, move on. If it lands on the incorrect answer, your child has to do either 10 jumping jacks or five push-ups.

- God told Solomon he could ask for anything, and Solomon asked for cheese. (*false*)
- God told Solomon he could ask for anything, and Solomon asked for wisdom. (*true*)
- Two women were arguing over who was the mother of a baby boy. (*true*)
- Solomon dismissed the women and told them to go away. (*false*)
- Solomon didn't give the baby to either of the women. (*false*)
- Solomon said he would cut the baby in half, and then each of the women could have half of the baby. (*true*)
- Solomon would have never actually hurt the baby. He was testing the women to see who the true mother was. (*true*)

Talk About the Bible Story

Solomon knew that, as king, he would have to make a lot of difficult decisions. When he got to ask God for anything in the world, what did he ask for? (*wisdom*)

Why is it important for us to have wisdom?

Who can we ask for wisdom? (*God*)

When do you need wisdom the most in your life right now?

Parent: Talk about a time when you made an unwise choice. What were the consequences?

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, it's amazing to think that Solomon could have asked You for anything . . . and he chose to ask for wisdom! We know that Your wisdom is valuable for us, just like it was for Solomon. It's important for us to make the wise choice—and sometimes it's hard to know what that might be. But God, we know that we can trust You no matter what. We know that if we ask You, You'll give us the wisdom we need. Please help us remember to do that. Help us to trust You. We love You, and we pray these things in Jesus' name. Amen."

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James 1:5, NIV

Bible Story

Wise People
See Danger
Proverbs 22:3

Bottom Line

Think before
you act.

Activity

Mega Tic-Tac-Toe

What You Need:

Masking or painter's tape, six sheets of paper, marker

What You Do:

Using the tape, create a large tic-tac-toe board on the floor. Draw a large "X" on three sheets of paper. Draw a large "O" on the other three sheets.

(If you don't have tape, you can adapt the game by drawing a board on paper and cutting out smaller pieces for your "X" and "O" markers.)

Let your child choose either the "X" or "O" sheets of paper. Then play a game of tic-tac-toe together on the floor!

Say, "Think about your next move! Where do you think I'm going to go next? Where do you think I *shouldn't* go next? Tic-tac-toe takes a lot of thinking!"

Talk About the Bible Story

In a tic-tac-toe game, you have to be careful, pay attention, and think before you make your choice. If you don't stop and think, you might lose the game. Why is it important to think before you act? (*so you can make the wise choice*)

Why is it sometimes hard to remember to STOP and THINK?

Can you think of a time when you wish you had thought before you acted?

Is there something you can do to remind yourself to THINK before you ACT?

Parent: Talk about a time when you thought before you acted. What were the (positive) consequences of you thinking it through?



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, we want to be wise people! It's so true that wise people can see danger coming . . . and they do whatever it takes to stay safe. Help us to see the things that can keep us from making wise choices. Help us to know when we need to STOP and THINK before we ACT. Please show us Your wisdom, God! Amen."

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James 1:5, NIV

Bible Story

Jesus Grows
in Wisdom
Luke 2:41-52

Bottom Line

Wisdom is worth
searching for.

Activity

Eyes on the Prize

What You Need:

Paper, writing utensil, "prize" (could be a treat, favorite snack, small toy, etc.)

What You Do:

Choose at least five places in your home to hide your "clues." Think: the sofa, inside the fridge, the pantry, beneath a kitchen chair, in a toy box/bin.

Then, tear your paper into five strips. On those strips, write down clues that will tell your child where the next clue is hidden.

For example: "Where do we keep your favorite stuffed animals?" That clue would lead your child to the toy box (or their room). There, they'd find another clue leading them to a new location in your home. The last clue should lead them to a spot where they find their prize.

Once you've hidden the clues, say, "I've set up some different clues for you. I'll read the first one, and you have to figure out where it leads you. There, you'll find another clue that leads you to a new spot. At the end of the hunt, you'll find a prize!"

Now it's time to play!

(Depending on your child's reading level, you may have to help them read the clues. You may also need to give them additional hints. For example, say, "You're getting warmer," as they get closer to the next clue.)

When they find their prize, celebrate with a little dance party. Before you finish, say, "Was this prize worth searching for? You know what is definitely worth searching for? Wisdom. Wisdom is one of the best prizes ever!"

Talk About the Bible Story

Who in our story today searched for wisdom? (*Jesus*)

If Jesus thought it was important to learn and grow, do you think it's important for us to learn and grow, too? (*Yes. If Jesus sought out wisdom, we should do the same!*)

Where can we search for wisdom?
What are some ways we can become wiser? (*going to church, reading the Bible, learning from our mistakes, asking questions, etc.*)

Parent: Share about a time when you searched for wisdom and God showed you what you should do. This can be any kid-friendly scenario where you weren't sure what decision to make, and God used the Bible, a friend, a pastor, or a parent to help you know the wise thing to do.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, Your wisdom is so valuable! Your wisdom protects us, teaches us how to treat one another, and shows us how You want us to live. God, we know we can trust You no matter what. And when we search for Your wisdom, You give it to us. Give us the courage to ask questions. Help us to grow in wisdom like Jesus did. In His name we pray, amen!"

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James 1:5, NIV

Bible Story

Rehoboam
Listens to Fools
2 Chronicles 10
(supporting:
Proverbs 13:20)

Bottom Line

Hang out with
wise people.

Activity

Find a Friend

What You Need:

Stuffed animals, action figures, dolls, etc.

What You Do:

Ask your child to divide the stuffed animals/toys into two groups: the "wise" group and the "unwise" group. (They can use whatever criteria they want. The more fun they have, the better!)

Place the "wise" group of friends on one side of the room. Place the "unwise" group of friends on the opposite side.

Say, "I'm going to read some words of advice from your friends. Some of it is wise advice. Some of it is foolish, or unwise advice. After you hear the advice, if you think it's something your wise friends might say, run and stand with them. If you think it's unwise advice, go stand next to the unwise friends. Ready? Let's play!"

Read the following pieces of advice and let your child decide if the advice came from wise friends or unwise friends.

- We think you should shove all of your toys and dirty clothes under your bed instead of putting them away like your mom said.
- We think you should help your aunt carry in the groceries.
- We think you should run to the car and push your sister aside to get the best seat.
- We think it's okay if you don't tell the WHOLE truth.
- We think you should ask an adult you trust when you're not sure what to do.
- We think it's okay if you're mean to your older sister when she's mean to you.
- We think you should treat others the way you want to be treated.
- We think you should read God's Word and talk to Him.

Talk About the Bible Story

Some of Rehoboam's friends were foolish, and they gave him bad advice that he chose to follow. Why is it important to choose wise friends?

What are some words that would describe a wise friend?

How are you a wise friend to others?

Which of your friends do you think are wise? Why?

Parent: Talk about a wise person you hang out with who helps you make wise choices.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for all of the people in our lives who help us grow in wisdom! Please help us hang out with wise people so we can learn more about how to follow You. Show us how we can be wise and set a good example for others, too. We love You, and we pray these things in Your name. Amen."

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Activity

This or That?

What You Need

Throw pillow

What You Do

Put the throw pillow in the middle of an open area. Call out two different choices from the list below and point to the left or right of the pillow. Encourage your child to jump to the side of the pillow according to their choice. Jump back in line with the pillow between each set of choices.

Choices:

- Dump truck or digger
- Chocolate ice cream or vanilla ice cream
- Dog or cat
- Cold weather or hot weather
- Blocks or puzzles
- Bike or scooter
- Hamburgers or pizza
- Green or yellow
- Blue or red
- Basketball or soccer

What You Say

"I have a fun game for us to play. Stand in line with this pillow. I will call out two things for you to choose between and point to one side or the other. Choose your favorite and jump to that side. I'll give you an example. (*Point to the left side of the pillow.*) Summer or (*point to the right side of the pillow*) winter. Which would you choose to be in? What's your favorite? Summer or winter? (*Pause.*) Great job! Jump back in line with the pillow, and let's keep going. (*Continue with different choices and repeat if desired.*)"

"That was fun! We make choices each and every day. In our Bible story, we heard about someone who had a BIG choice to make. What was his name? (*Pause.*) Yes, Daniel. God's power helped Daniel make the right choice, and God's power can help us make the right choice, too. So, when I ask, 'Who is powerful?', I want you to say, 'God is powerful.' **Who is powerful? God is powerful! Yay! God is powerful!**"

Bible Story

Daniel's Food
(Daniel 1:8-17)

Remember This

"Great is our Lord and
mighty in power."
Psalm 147:5, NIV

Say This

Who is powerful?
God is powerful.

Prayer

Dear God, thank You for the story of Daniel and how You helped him make the right choice, even when it was hard. You are SO powerful, God. Thanks for helping us make the right choice, too. In Jesus' name we pray, amen.

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Bible Story

Moses and the Water
(Exodus 17:1-7)

Remember This

"Great is our Lord and
mighty in power."
Psalm 147:5, NIV

Say This

Who is powerful?
God is powerful.

Activity

Paper Plate Rock

What You Need

Paper plates; washable paint; paintbrushes; sand, salt, or sugar; blue paper (or paper colored blue); scissors; glue sticks

What You Do

Pour paint on a paper plate and mix in some sand, salt, or sugar. Cut blue paper into strips. If you don't have blue paper, have your child color some copy paper blue. Glue the blue paper to the back of the plate like it is water flowing out of the rock. Flip plate over and paint the plate to look like a rock using the textured paint.

What You Say

"What an amazing story of God's power! Water from a rock! Let's make a craft to help us remember our Bible story.

"We'll make this plate into a rock! But first, flip it over and glue your blue paper to the back. This will be the water that God made come out of the rock. Flip it back over and paint it with the different colors. This looks rough just like a rock.

"Moses knew that God was powerful and would help the Israelites. And He did! God told Moses to hit a large rock with his staff and God made water come out of the rock! Only God can do that! When we need something, we need to remember to talk to God about it because He has the power to help us. **Who is powerful? God is powerful!**"



Prayer

Dear God, thank You for being powerful enough to give us what we need, just like You gave the Israelites water when they needed it. God, You are AWESOME, and we love You so much. In Jesus' name, amen.