## **PEAKS AND VALLEYS** | THE LIFE OF DAVID

## **OVERCOMING ENVY**

1 Samuel 18:1-14

## MAIN IDEAS FROM THIS WEEK

- 1. THE ANATOMY OF ENVY
  - COMPARISON
  - DESIRE
  - RESENTMENT
- 2. THE ACTIVITY OF ENVY
  - ENVY ROBS
  - ENVY DISTORTS
- 3. THE ANSWER TO ENVY

## DISCUSSION QUESTIONS – Pick one or two of these to talk about as a group

- 1. What stood out to you most from this week's message? Why?
- 2. This week's message was all about envy. We can often be blind to envy and its effects. How have you seen envy portrayed or discussed in our culture? What are some ways that we might actually be encouraging envy in our day and age?
- 3. Comparison is the foundation and starting point of envy. What areas of life are you most prone to compare yourself with others?
- 4. Saul and Jonathan's responses to God's plan for David's life in 1 Samuel 18 were drastically different. What are some lessons we can learn from looking at their different responses?
- 5. As we can clearly see in King Saul's life, envy will rob your life of joy. How much joy do you have these days? What are some ways that envy might be robbing you of joy?
- 6. Jonathan's friendship with David points us to Jesus' friendship with us. What are some ways that looking at Jesus in this light can allow us to overcome envy?
- 7. **OPEN DISCUSSION:** Take time as a group to have an open discussion about envy. You can talk about ways it's impacted you, ways you've seen it impact others and ways you've tried to fight against it in your life. You can also look at how Jonathan treated David in 1 Samuel 18 and how that points forward to Jesus, the answer to our envy.

**A TRUTH TO TAKE WITH YOU:** In Jesus you have the ultimate friend, the true Son of the King who offers you an inheritance that, when you see it for what it is, will give you the power to overcome envy.