

SEEKING IN DARKNESS

Psalm 88

MAIN IDEAS FROM THIS WEEK

1. THE INEVITABILITY OF THE DARK TIMES OF LIFE
2. THE POTENTIAL OF THE DARK TIMES OF LIFE
3. THE HOPE WE HAVE IN THE DARK TIMES OF LIFE

DISCUSSION QUESTIONS – Pick one or two of these to talk about as a group

1. What stood out to you most from this week's message? Why?
2. We live in a time when we are indoctrinated with the idea that if you just do the right things and use the right techniques you can avoid dark times. What are some specific ways you've seen this idea communicated? What are some ways that Christians adopt this mindset?
3. Read Psalm 88 as a group. What stands out to you about the way that Heman talks to God? Do you ever talk to God like this? Why or why not?
4. One of the main ideas this week was that there is great potential in dark times for us to see things about God we wouldn't otherwise see and grow in ways we wouldn't otherwise grow. Describe a time when God used a difficult situation to grow you or show you something about Himself.
5. Are you currently experiencing a dark time in your life? What has it been like? (**Note:** Try to listen to one another without feeling the need to provide a list of solutions for each other.)
6. Despite how we feel in our worst times of life, God actually does love us. How do we know God's love is real even when we can't feel it?
7. **PRAY:** Pray for each other. Pray for help when we encounter dark times, pray that God would work in our hearts in the dark times and pray that God would keep us firmly grounded in the hope of the gospel no matter how dark things get.

A TRUTH TO TAKE WITH YOU: Even if we never understand why God walks us through darkness, in Jesus, we know that we never walk through darkness alone.