

HANNAH

1 Samuel 1:1-18 & 2:1-10

MAIN IDEAS FROM THIS WEEK

1. THE DEPTH OF HANNAH'S PAIN
2. THE TRANSFORMATION IN HANNAH'S HEART
3. THE POWER IN HANNAH'S PRAYER

DISCUSSION QUESTIONS – Pick one or two of these to talk about as a group

1. What stood out to you most from this week's message? Why?
2. What are some expectations from your culture, family or from yourself that you've tried to live up to throughout your life? What are some you are still trying to live up to?
3. Can you relate to Hannah's pain? What are some things we can learn from the way she responded to and found healing from her pain?
4. When Hannah "stood up" and took action, the action she took was prayer. How would you describe your view of prayer? How would you describe your current practice of prayer?
5. Hannah's despondency went away after she prayed but BEFORE her circumstances changed. God was able to work through her deepest pain to change her heart in a deep way. Has God ever worked through your pain in this way? What was it like?
6. This is the final week of the spring semester! What are some ways we can stay in touch and continue to build community throughout the summer?
7. **PRAY:** Read Hannah's prayer in 1 Samuel 2:1-10 as a group. You will notice that her prayer is focused on talking to God about who He is and what He has done. Spend some time as a group praying in this way. Talk about what God has done, what He is capable of and who He is.

A TRUTH TO TAKE WITH YOU: God doesn't always change our circumstances but when we encounter Him it will break the power of our circumstances over us.