

## **HOW TO CHANGE**

*Eph 4:17-24*

### **MAIN IDEAS FROM THIS WEEK**

1. SEEING YOUR LIFE FOR WHAT IT IS
2. A PERSONAL ENCOUNTER WITH GOD
3. A CONSTANT RENEWAL

### **DISCUSSION QUESTIONS – Pick one or two of these to talk about as a group**

1. What stood out to you most from this week's message? Why?
2. This week's message out of Eph. 4 was all about how to change. What is something you would like to change about yourself?
3. In order for deep change to take place in our lives we need to see our lives for what they really are. Paul points out the futility, numbness and enslavement the Ephesians had previously experienced when they were separated from God. Can you describe any moments in your life where you had real clarity about the futility of what you were pursuing, the numbness in yourself or the control your desires had over you? What did this clarity lead to in your life?
4. Another thing we need for deep change to take place is we need to have a personal encounter with God. It is then that we begin to see that not only does sin break God's rules but it breaks His heart. What do you think about this concept? Have you ever given much thought to this or do you tend to focus on sin's effects on yourself and those around you? How might this realization lead to real change in your life?
5. The final thing we see in Eph. 4 that we need for deep change in our lives is a constant renewal. We need God to re-lay the foundation of all we think about. What are some practical, daily ways that you continually bring to your mind who God is and what He has done?
6. Does God revolve around your life or does your life revolve around God? What are some differences between these two approaches to God?

**A TRUTH TO TAKE WITH YOU:** As Christians, we are called to become what we ALREADY ARE in Jesus. The life we've been called to is not easy but God has called to simply become what He as already declared us to be.