

### CHRISTIAN PASSION

*Matthew 5:27-30*

#### MAIN IDEAS FROM THIS WEEK

1. LUST IS NOT THE SAME AS SEXUAL DESIRE
2. LUST IS AN IMPERSONAL DESIRE
3. LUST IS AN INORDINATE DESIRE

#### DISCUSSION QUESTIONS – Pick one or two of these to talk about as a group

1. What stood out to you most from this week's message? Why?
2. It can feel awkward to talk about sex. How did your childhood home shape your view of sex? How has culture shaped your view of sex?
3. One of the main ideas this week was that "Lust is not the same as sexual desire." What are some differences between lust and sexual desire?
4. The Bible presents sex as a fully integrative act that involves the whole person, body and soul. Neuroscience points to this same reality. What are some problems that arise when we don't understand this truth? What are some beautiful aspects of this part of God's design?
5. It is a form of lust anytime we ask another human being to be what only God can be for us. It is an over-desire that will lead to all kinds of disappointment and relational breakdown. This is a problem for all of us. What are some ways we do this that aren't sexual in nature?
6. If we want to be healed of lust, we must see how destructive it is. If we don't deal with it in a severe way then it will burn us up and begin to change who we are and how we view others. What are some examples of what it looks like to treat lust with the seriousness it deserves?
7. If we want to be healed of lust, we must understand that only in Jesus will we find what we are looking for in other people. Only in Jesus will you find someone perfectly vulnerable to you and fully committed to you. Only in Jesus do you have someone who sees you completely as you are and yet still completely loves you. Do you relate to Jesus this way? If so, what has helped you relate to Him this way? If not, what are some of the challenges keeping you from relating to Him this way?

**A TRUTH TO TAKE WITH YOU:** Jesus is the bridegroom and His church is His bride. In Him, we are seen as beautiful, spotless, stainless and pure.