

## **THE TENTH COMMANDMENT**

*Philippians 4:10-14*

### **MAIN IDEAS FROM THIS WEEK**

1. WHAT IS CONTENTMENT?
2. WHAT DOES CONTENTMENT DO?
3. HOW CAN CONTENTMENT BE OURS?

### **DISCUSSION QUESTIONS – Pick one or two of these to talk about as a group**

1. What stood out to you most from this week's message? Why?
2. Coveting is a posture of heart birthed by an inner emptiness. Coveting says, "Until I get (fill in the blank) I won't be happy, satisfied, etc." What sort of things have you filled that blank with throughout your life?
3. In Paul's situation we can see that contentment is not happiness, denial or complacency. What sets contentment apart from these three "counterfeit" versions of contentment?
4. When you are a content person prosperity won't go to your head and adversity won't go to your heart. What peaks and valleys have you faced in your life? How has God used the extremes of prosperity or adversity to grow you?
5. Becoming a person of contentment is a process. Paul had been a Christian for 30 years before he wrote the words in Philippians 4:10-14. Where are you in this process? Are you growing more or less content as you get older? When you look back 5 years ago is there any noticeable difference in the way you handle the circumstances of your life?
6. Have you ever had a personal encounter with Jesus like Paul had that enabled him to face any and all circumstances? When was the last time you were strengthened by Jesus in this way? Where could you use some strengthening right now?
7. This week concludes our "Law School" series. What was most helpful to you from this series?

**A TRUTH TO TAKE WITH YOU:** Paul wasn't content because he took hold of something but because something took hold of him. It is only in Jesus that we find the strength to face any and all circumstances.