

## SIN IN JONAH – PART 2

*Jonah 4:1-11*

### MAIN IDEAS FROM THIS WEEK

1. THE ANATOMY OF A DIVIDED HEART
2. HOW TO HEAL A DIVIDED HEART
  - HEALING A DIVIDED HEART IS A PROCESS
  - HEALING A DIVIDED HEART CAN BE PAINFUL
  - HEALING A DIVIDED HEART REQUIRES A PERSONAL GRASP OF GRACE

### DISCUSSION QUESTIONS – Pick one or two of these to talk about as a group

1. What stood out to you most from this week's message? Why?
2. Jonah's journey involves moments where it seems like he finally "gets it" followed by moments when he seems like he hasn't changed at all. Describe how Jonah's walk with God is relatable to you.
3. What does the story of Jonah teach you about yourself? What does it teach you about God?
4. The source of all of Jonah's instability was his divided heart. Jonah loved and served the true God but he also had a rival, false god in his heart. What are some ways you have sensed a divided heart in yourself? Where do you derive your meaning in life outside of the True God? (**Note:** these can be good things that we have placed too highly in our lives).
5. One thing we can see in the life of Jonah is that healing a divided heart is a process. Where do you currently feel impatient with your own spiritual growth?
6. The end of Jonah shows us that healing a divided heart can be painful. We don't learn from being told things. We need to have our self-salvation schemes blow up in our faces in order for us to grow and change. When has God used discomfort or pain to grow you into the person He has made you to be?
7. Jonah didn't want to preach to Nineveh because he knew that God was gracious (Jonah 4:2). Do you know this about God? Have you ever personally encountered the grace of God? If so, what was that like?

**A TRUTH TO TAKE WITH YOU:** God is merciful, compassionate, slow to anger and rich in faithful love toward YOU. If you aren't convinced of this, you need only to look at Jesus.