

## THE ARMOR

*Ephesians 6:10-20*

### MAIN IDEAS FROM THIS WEEK

1. WHY WE NEED THE ARMOR OF GOD
2. WHAT THE ARMOR OF GOD IS
3. WHY WE CAN PUT THE ARMOR ON

### DISCUSSION QUESTIONS – Pick two or three of these to talk about as a group

1. What was most helpful for you from this week's message? Why?
2. A Christian is a person who not only experiences a new kind of peace but also a new kind of conflict. You will face opposition as you try to follow Jesus. When have you experienced this resistance in your life? What are the most common forms of resistance you experience?
3. Maybe it's a coincidence that it's so difficult to read your Bible, pray, stay in community, avoid temptation, etc. Or maybe there is more going on that we can't see. Paul would say there is a supernatural evil that wants nothing more than to throw you down and pin you by the neck. Do you believe there is a supernatural evil that's actively seeking to destroy you? Why or why not?
4. In Ephesians 6:12, Paul says we are in a battle with "the spiritual forces of evil in the heavens." What are some implications for our lives if this is true? How should our lives look in light of this?
5. Which piece of the armor of God are you most interested to learn about in the next few weeks? The Belt of Truth, Breastplate of Righteousness, Shoes of the Gospel, Shield of Faith, Helmet of Salvation, Sword of the Spirit, or Prayer? Why are you most interested in that piece?
6. Paul wrote the letter of Ephesians to Christians who already had all the pieces of armor he tells them to put on. This shows us that you can have all these pieces of armor and yet not be wearing them. If we have this armor, how do we put it on? If someone doesn't have this armor, how do they get it?

**A TRUTH TO TAKE WITH YOU:** We can put on the armor of God because Jesus willingly took it off for us. He made Himself vulnerable so that we could be secure.