

THE FRUIT OF THE SPIRIT: PEACE

Philippians 4:6-13

MAIN IDEAS FROM THIS WEEK

1. THE CHARACTERISTICS OF PEACE
2. THE PROCESS OF PEACE
3. THE SECRET OF PEACE

DISCUSSION QUESTIONS – Pick two or three of these to talk about as a group

1. What was most helpful for you from this week's message? Why?
2. Would you say that peace is present in your life? Why or why not?
3. Peace is not denying the reality around you. It is accepting that God is bigger and more powerful than all the chaos around you. If this is true, how should it change the way we seek peace?
4. Peace is not something only a few lucky people naturally have. It is something that is learned. One of the disciplines needed to learn to have the peace of God is being thankful in prayer, not just when our prayers are answered, but even as we are making requests to God. Describe your prayer life. Would you say your current approach to prayer is more likely to lead you into peace or into worry? How might you change your approach to prayer in order to incorporate more thankfulness?
5. If we want to learn how to have peace, we need to deeply ponder God's Word. How often do you make time to do this? What is required for this sort of deep thinking to take place in your life? What can you subtract from your life in order to make space for this practice?
6. If we want to learn how to have peace, we need to follow the example of someone who is a few steps ahead of us in their walk with God (Philippians 4:9). Who are you learning from that is a few steps ahead of you? Who are you teaching that you are a few steps ahead of?
7. The secret of peace is a relationship with Jesus. What are some ways a relationship with Jesus brings peace?

A TRUTH TO TAKE WITH YOU: If God was willing to go through the cross for you, He's a God we can trust. We can trust that He is good. We can trust He will work all things for good.